

The Cancer Ribbon Teddy in a Stocking



by Sandy Lightfoot

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Nearly everyone knows at least one person who has, or has had cancer. This Christmas stocking is the perfect little gift to let that person know you care. This project is a great way to use up those small pieces of fabric you can't bear to throw away. Check out your stash and enjoy making this project.

MATERIALS

Step 1: Teddy Bear

- 2 pieces of felt @ 3"w x 4½"d
- Marathon Embroidery threads, Black #2150; Brown #2291; Maroon #2185; Red #2045; Toast #2127.
- Wash-away-stabilizer to fit the 4" hoop (or equivalent)
- Painter's tape.



Photo 1

Step 2: Stocking Pocket

(front)

- 1 piece of Christmas cotton fabric. Choose a plain fabric or a diffused print to show off embroidery design (4½"w x 3"d.)
- 1 piece of lightweight fusible stabilizer, 4½"w x 3"d.
- Embroidery threads: Green #2110; Red #2045; Dark Green #2109.



Photo 2

Step 3: Stocking Back

- 2 pieces of cotton fabric 4½"w x 5½"d (for front and back).
- 1 piece of lightweight fusible stabilizer 4½"w x 5½"d.
- 1 piece of fusible batting, 5½"dw x 5½"d.
- 1 piece of ¼" to ½" ribbon, 8" long.
- Embroidery threads: Teal #2096 and Red #2045.
- Painter's tape.

Prepare

With a fairly hot iron, press the fusible interfacing pieces to the rear side of Stocking Pocket (4½"w x 3"d) and one of the Stocking Back pieces (4½"w x 5½"d). Apply fusible batting to rear side of the second piece.

The Teddy Bear in Stocking involves 3 separate hoopings using a 4"x4" hoop (or equivalent, depending on brand of machine). Create each element in the order shown.

NOTE: After designs are converted to other embroidery formats, colour information is often altered so I've included the Colour

Listing and Film Strip on pages 5 and 6 for each design to assist you in this regard.

Embroider the Teddy Bear

- Load *TeddyBear* design into machine.
- Fill and thread **Bobbin** with Toast #2127 (final satin stitch colour).
- Hoop wash-away stabilizer in 4"x4" hoop (or equivalent).



Photo 3

- C1. Display = blue, but thread up with Black #2150 (this is a 'color stop' in order to apply fabric). Sew first outline. **Photo 3.**

- C2. Display shows Black #2150. Take one 3"x4½" felt piece and lay over the stitched outline. **Photo 4.**



Photo 4

Hold in place by hand or, tape it in place. Sew outline in Black (to secure felt to stabilizer) and to embroider the facial and paw details.

- C3. With Brown #2291, embroider ear indents and neckline.
- C4. With Maroon #2185, embroider bow shadow.
- C5. With Red #2045, embroider the bow. **Photo 5.**



Photo 5

- C6. Display = blue, (colour stop) but thread machine with Toast #2127 (the final satin stitch colour. Use this color until the bear is finished.

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C7. REMOVE HOOP

FROM MACHINE but leave work in hoop.

Turn to wrong side and place the second piece of 3" x 4½" felt to cover the outline. Tape to secure.

Photo 6.

Return to machine. Sew outline to join front and back felt layers.



Photo 6

REMOVE HOOP

FROM MACHINE, but leave fabric in hoop.

Trim close to stitching on both sides, taking care not to cut stabilizer.

Photo 7.



Photo 7

RETURN HOOP TO MACHINE.

C7. Display = Turquoise but continue sewing with final outline colour (Toast #2127). A narrow zig-zag stitch will cover the bear outline, then the machine will stop. Check for vagrant 'pokies' and trim if necessary.



Photo 8

C8. Display = Toast #2127. Sew the satin outline, then remove from machine. Trim the wash-away-stabilizer as close to stitching as possible. Remove last traces of stabilizer with a wet sponge. **Photo 8.**

EMBROIDER STOCKING

- Load the *CancerRibbonFront* design into machine.
- **Fill bobbin** with Red #2045.
- Hoop wash-away stabilizer in 4"x4" hoop (or equivalent)

C1. Royal #2067 for pocket outline to show fabric placement. Thread with the first *actual* embroidery colour, which is Teal 2096 (for *Cancer Ribbon*). Sew first outline. **Photo 9.**



Photo 9

C2. Display = Light Orange #2287 however, this is a *colour stop* so leave Teal #2096 threaded in machine. Place the 4½"w x 3"d fabric over the outline so it covers it completely. Tape to secure. **Photo 10.**

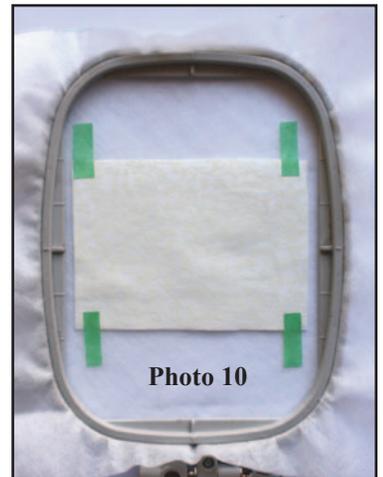


Photo 10

Sew this outline to attach pocket to stabilizer, also sews a scalloped running stitch across the top.

Photo 11.

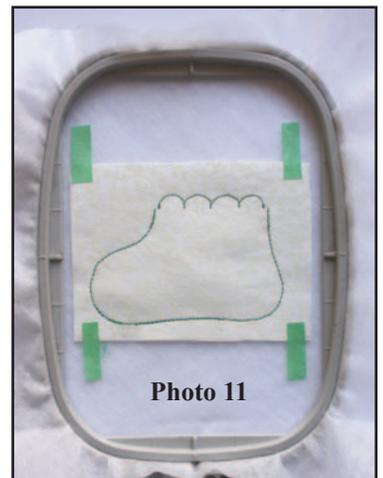


Photo 11

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C3. Red #2045. Using the green already threaded in machine, embroider the Cancer Ribbon. Choose whatever colour is appropriate for the type of cancer: e.g. Teal for Ovarian Cancer, Pink for Breast Cancer, Grey for Brain Cancer etc.

C4. Red #2045. Using red, embroider heel and toe.

C5. Dark Green #2270, embroider lines and dots across the top.

REMOVE HOOP FROM MACHINE but leave work in hoop. Trim around scalloped edge close to stitching then, at left and right side, cut horizontally from end of scallops to fabric edge.

RETURN HOOP TO MACHINE.

C6. Light Turquoise #2090 (colour stop). Thread up with Red #2045 and sew a the narrow zig-zag around scallops.
Photo 12.



REMOVE HOOP FROM MACHINE to check for any pokies. Trim if necessary.

RETURN HOOP TO MACHINE

C7. Red #2045. Continue sewing with Red for the Satin Stitch to finish off scallops.
Photo 13.



Remove the pocket from hoop. Trim stabilizer close to scallops. Trim fabric and stabilizer around foot shape to ¼". Remove remaining stabilizer from around scallops with a small wet sponge.

EMBROIDER THE STOCKING BACK

- Load the 'StockingBack' design into machine.
- Thread bobbin with Red #2045, to match the finishing satin stitch.
- Hoop wash-away stabilizer in 4"x4" (or equivalent size) hoop.

C1. Royal #2067, but thread with Teal #2096 (the color for the embroidered vertical lines).

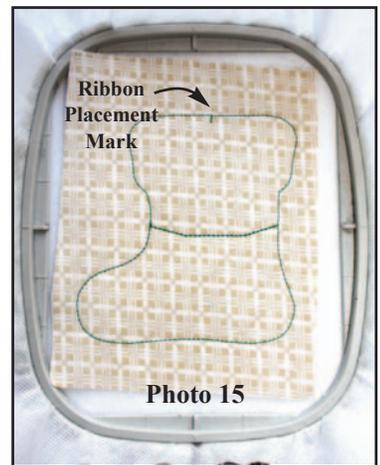
- Sew the first outline to show placement of fabric.
Photo 14.

C2. Gold #2021, but leave Teal #2096 threaded. Cover the stitched outline with the 4½" w x 5½" d fabric (with fusible interfacing on back) and tape in place, or hold by hand. Sew the outline to attach fabric to stabilizer.

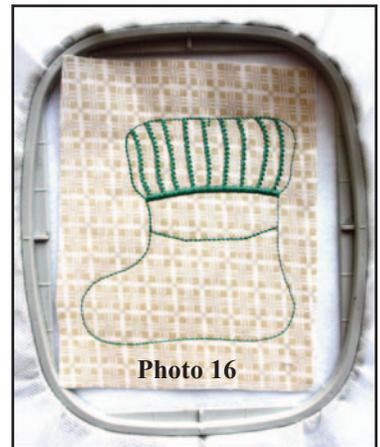


Note:

There's a small marking stitch at centre top to show placement of the ribbon. The shaped horizontal line across centre and sides show where the pocket attaches. **Photo 15.**



C3. Teal #2096. Leave Teal threaded in machine. Embroider vertical lines and horizontal satin stitch. **Photo 16.**



REMOVE HOOP FROM MACHINE, but leave fabric in hoop. On right side, place pocket on top of the back, matching the pocket extensions (seam allowance) on the pocket, to the horizontal stitched lines on the stocking back, also match stitching lines on both layers around the

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foot area. Tape into place (avoid stitching line).

Tape over embroidered scallops, to prevent machine foot from catching on it.

Don't miss out this step because it's very important! **Photo 17.**

- C4. Gold #2021 (colour stop). Thread up with Red #2045 and use to end of project. Sew outline to attach pocket to back.

REMOVE HOOP FROM MACHINE but leave work intact. Remove all tape **except the piece protecting scallops.**

Turn to wrong side. Fold ribbon in half, with the folded part projecting above top of stocking and open ends 1/2" on inside of stocking and matching the **marker stitch at top centre**. Tape to secure making sure it doesn't interfere with the outline stitches. Place the 2nd piece of 4 1/2" w x 3" d fabric (the one with fusible fleece on back), right side out over the stitched outline. Tape in place, avoiding outline stitches. Also tape ribbon to back of hoop to prevent it getting doubled under. **Photos 18 & 19**

Turn to right side. Connect hoop to machine *carefully*.

- C5. Purple #2083, but continue with Red #2045. Sew the outline to combine all layers in one operation.

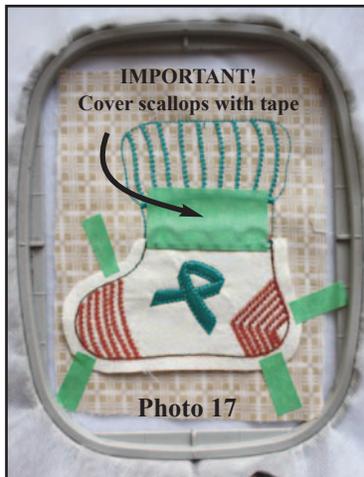


Photo 17



Photo 18



Photo 19

REMOVE FROM MACHINE

Trim next to stitching on the back and the two layers on front. Don't cut stabilizer! **Photo 20.**



Photo 20

Photo 21 shows the front after trimming.

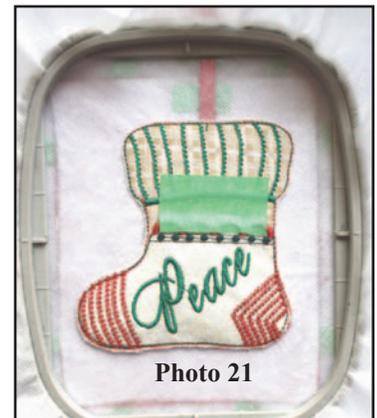


Photo 21

Photo 22 shows the back after trimming.



Photo 22

RETURN HOOP TO MACHINE

- C6. Light Turquoise #2090, but stay with Red #2045. Sew the narrow zig-zag all around.

REMOVE HOOP FROM MACHINE

Check for pokies. Trim if needed.

RETURN HOOP TO MACHINE

- C7. Red #2045. With red, sew the final outline satin stitch.

REMOVE HOOP FROM MACHINE.

Remove work from hoop. Trim stabilizer as close as possible to embroidery. Remove remaining stabilizer from around edges with a damp sponge.

NOW, PUT TEDDY IN HIS STOCKING!



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These designs were digitized by myself, (Sandy Lightfoot) from my original art. When designs are converted to other embroidery formats, the colour information is often altered. Some formats may not even hold any colour information at all, so I've included the colour listing and Film Strip for each of the designs to assist you when sewing out the designs and to help when choosing alternate colours if you wish to do so.



BERNINA Embroidery Software

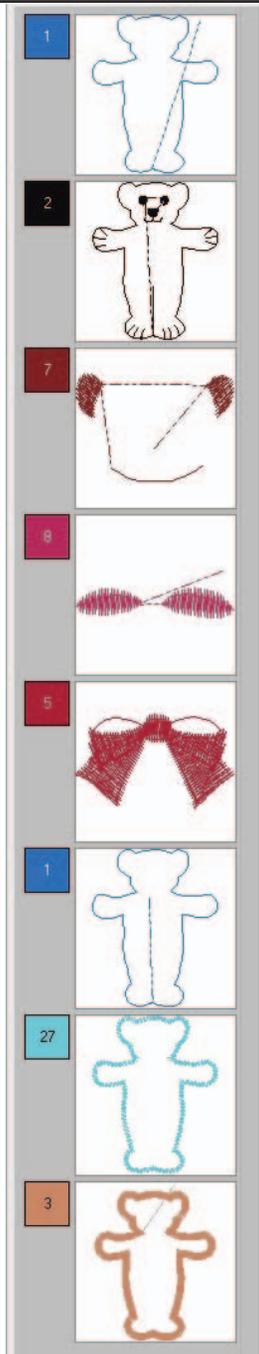
TeddyBear

Date: 20 Sep, 2012
 Stitches: 3956
 Colors: 7
 H: 3.06 in
 W: 2.33 in
 Zoom: 1.00

Total Bobbin: 23.23ft

Color Sequence:

1. ■ Light Royal 2067
Brand: Marathon Poly
2. ■ Black 2150
Brand: Marathon Poly
3. ■ Brown 2291
Brand: Marathon Poly
4. ■ Maroon 2185
Brand: Marathon Poly
5. ■ Red 2045
Brand: Marathon Poly
6. ■ Light Royal 2067
Brand: Marathon Poly
7. ■ Light Turquoise 2091
Brand: Marathon Poly
8. ■ Toast 2127
Brand: Marathon Poly



BERNINA Embroidery Software

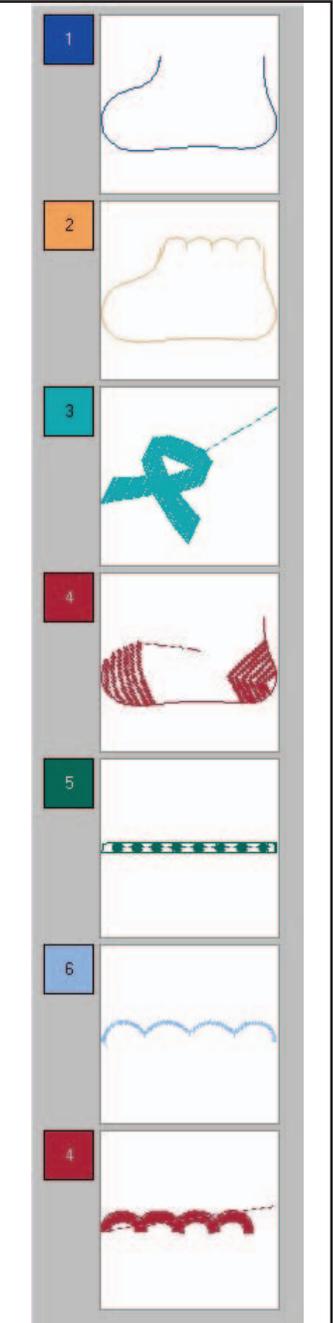
CancerRibbonFront

Date: 23 Sep, 2012
 Stitches: 2954
 Colors: 6
 H: 2.29 in
 W: 3.64 in
 Zoom: 1.00

Total Bobbin: 21.99ft

Color Sequence:

1. ■ Royal 2067
Brand: Marathon Poly
2. ■ Light Orange 2287
Brand: Marathon Poly
3. ■ Teal 2096
Brand: Marathon Poly
4. ■ Red 2045
Brand: Marathon Poly
5. ■ Dark Green 2109
Brand: Marathon Poly
6. ■ Light Turquoise 2090
Brand: Marathon Poly
7. ■ Red 2045
Brand: Marathon Poly



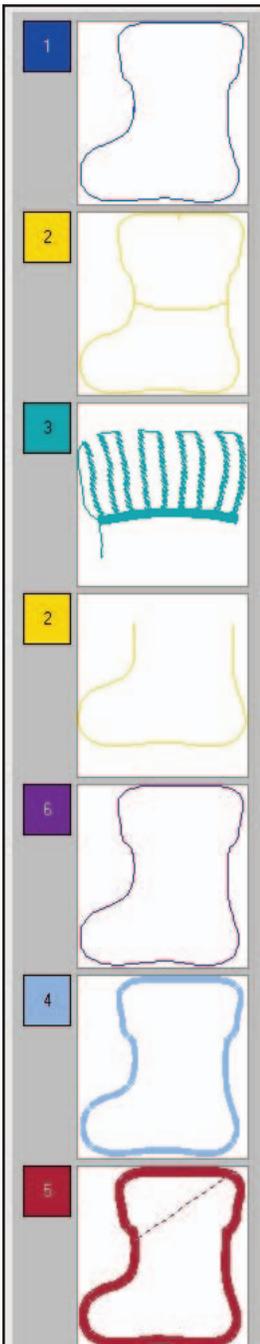
When you've made just one
 Teddy in a Stocking, I'm
 sure you'll want to make
 many more for your
 friends and loved ones.

They make adorable
 Christmas gifts!

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Colour Information for the Stocking Back.



BERNINA Embroidery Software

StockingBack

Date: 20 Sep, 2012
Stitches: 4675
Colors: 6
H: 3.91 in
W: 3.86 in
Zoom: 1.00

Total Bobbin: 41.11ft

Color Sequence:

1.  Royal 2067
Brand: Marathon Poly
2.  Gold 2021
Brand: Marathon Poly
3.  Teal 2096
Brand: Marathon Poly
4.  Gold 2021
Brand: Marathon Poly
5.  Purple 2083
Brand: Marathon Poly
6.  Light Turquoise 2090
Brand: Marathon Poly
7.  Red 2045
Brand: Marathon Poly

I do hope you found these instructions easy to understand and that you learned a little *something* from doing it.

Other variations of the Bear in a Stocking are available for purchase at \$3.00 each through my website:

<http://www.sandylightfoot.com>

or by e-mailing me at:

sandy@sandylightfoot.com

The Variations are:

**A Slanted 2012 Stocking
Peace Stocking**

Your friend in embroidery, Sandy